





## Workshop on Clinical Care for Sexual Assault Survivors & Evaluation (CCSAS)

North of Lebanon - February 14 & 15, 2013

**Tentative Training Outline** 







| Time          | Day 1: Thursday Feb 14, 2013   |
|---------------|--|
| 09.00 - 10.00 | INTRODUCTION   |
| 0,100 10.00   | To Objectives / Agenda & To Participants / Facilitators                                      |
|               | Pre test   |
| 10.00 - 11.30 | Introduction to global burden of Sexual Assault  |
|               | How cultural beliefs affect survivors  |
|               | Survivor's universal rights  |
|               | Caring for yourself and your staff   |
|               | Curing for yourself and your starr   |
|               | What you can do?   |
|               | Compassion / Competency / Confidentiality  |
| 11.30 – 11.45 | Coffee break   |
| 11.45 - 12.45 | THE CLINICAL PATHWAY   |
|               |  |
| 12.45 - 13.30 | 3A. RECEIVING THE PATIENT AND PRELIMINARY ASSESSMENT/3B. INFORMED CONSENT AND HISTORY TAKING |
|               | Receiving a survivor   |
|               | Preliminary assessment and urgent referral   |
|               | Informed consent   |
|               | Taking the history   |
|               | ACTIVE LISTENING   |
| 13.30-14.30   | Lunch Break  |
| 14.30-16.00   | 3C. PERFORMING A PHYSICAL EXAM   |
|               | Performing a survivor led physical exam  |
|               | Common injuries and possible complications   |
|               | Documenting the history and physical exam  |
| 16.00-16.15   | Coffee Break   |
| 16.15-17.00   | 3D. TREATMENT AND DISEASE PREVENTION   |
|               | <ul> <li>Preventing pregnancy, STIs, HIV, and other infections</li> </ul>                    |
|               | RESPONDING TO COMMON EMOTIONAL REACTIONS   |
| Time          | DAY 2: Friday Feb 15, 2013   |
| 9.00-9.15     | Summarize Day 1 Content  |
|               | Review Agenda  |
| 9.15-10.00    | Delayed treatment principles   |
|               | ◆ Mental health issues   |
|               | Patient discharge and follow up care   |
| 10.00-10.45   | 3E. CARING FOR MALE SURVIVORS  |
|               | 3F. CARING FOR YOUNG SURVIVORS   |
| 10.45-11.00   | Coffee break   |
| 11.00-13.00   | 5. FORENSIC EVIDENCE COLLECTION  |
| 13.00-14.00   | Lunch Break  |
| 14.00-15.00   | SUMMARIZING THE CLINICAL PATHWAY   |
|               | Timing and Treatment   |
| 15.00-16.00   | 4. PREPARING YOUR CLINIC   |
|               | Assessing your clinic's resources  |
|               | ◆ Tracing a survivor's route   |
|               | Building a referral network  |
|               | Developing an action plan  |
| 16.00 – 16.15 | Coffee break   |
| 16.15-16.45   | Post-Test  |
| 16.45-17.00   | TRAINING DEBRIEF   |
|               | Review Learning Goals  |
|               | ◆ Final Evaluation   |
|               | Presentation of Certificates   |